

by Patrick Wanis

DO OPPOSITES TRULY ATTRACT?

Part 1: Understanding Your Personality

Almost every one of us has heard the saying, “opposites attract.” But hold on a minute. What does it mean to say that “opposites attract”? We turned to Celebrity Life Coach and Relationship & Human Behavior Expert, Patrick Wanis for some fast insight and answers.

“When we speak of opposites, we think of something similar to: I am quiet. He is loud. I am introvert. He is extrovert. I am tall. He is short. Those things are what we commonly refer to as personality traits or physical traits. Both personality and physical traits are what I call the “outer person.” And yes, these types of opposites can work well. For example, it can be positive if your boyfriend or partner talks more than you do, otherwise, you would both be competing to be heard. Research has shown that in a healthy successful relationship, one person will talk sixty per cent of the time, while the other person will speak thirty per

cent of the time and about ten per cent will be meaningful silence.

Now let’s go deeper, and find out what else seemingly opposite people have in common? The answer will be: Your values.

In my audio book, “Get the man you WANT!” (www.patrickwanis.com) I explain that values refers to “A principle, standard, or quality considered worthwhile or desirable” – the things that are truly important to you.

If you both share the same set of values – the beliefs that may not be apparent from the outside – the relationship will succeed. If you don’t, the relationship won’t work, regardless of the physical attraction or the attraction to each other’s personalities. A kind, gentle person won’t last in a relationship with someone who is mean and selfish. It wouldn’t fit in with his or her value system. An honest person can’t be in a relationship with a liar or a cheat. We will look at values in detail in the second part of this series on “Do opposites attract?”

Now, let’s start by looking at the possible opposite personalities – and there are four key types. Sanguine, Choleric, Melancholy and Phlegmatic. And yes, opposite personalities can balance each other. Which one are you? And remember, one personality is not better than another. Variety is the spice of life and if we were all the same, we would probably end up being truly bored – and with each other!



DIRECTIONS: Choose the One word in each of the following rows of words that best describes you. If you are not sure as to which word best applies to you, ask a spouse or a friend. Remember, you can only choose one word of each four. Finally add up your totals.



KEY STRENGTHS

S	C	M	P
1. Entertaining	Direct	Precise	Agreeable
2. Enthusiastic	Efficient	Accurate	Dry Humor
3. Expressive	Decisive	Analytical	Hesitant
4. Animated	Courageous	Musical	Accommodating
5. Cheerful	Confident	Smart	Reserved
6. Spontaneous	Leader	Loyal	Quiet
7. Outgoing	Brave	Factual	Respectful
8. Active	Winner	Idealistic	Conforming
9. Reassuring	Objective	Intellectual	Kind
10. Influential	Firm	Faithful	Undemonstrative
11. Encouraging	Independent	Serious	Supportive
12. Ambitious	Resourceful	Disciplined	Calm
13. Gracious	Work-horse	Planner	Inoffensive
14. Comical	Competitive	Persistent	Indifferent
15. Motivating	Outspoken	Cultured	Considerate

Totals:

S: _____ C: _____ M: _____ P: _____

SECONDARY TRAITS

S	C	M	P
1. Exaggerates	Demanding	Cautious	Compassionate
2. Careless	Impatient	Scheduled	Bashful
3. Innocent	Frank	Judgmental	Relaxed
4. Interruptive	Boastful	Unforgiving	Modest
5. Informal	Opinionated	Critical	Passive
6. Wild	Materialistic	Spiritual	Content
7. Unorganized	Domineering	Suspicious	Shy
8. Loud	Obsessive	Intense	Worrier
9. Explosive	Workaholic	Particular	Procrastinator
10. Rambler	Unemotional	Detailed	Grateful
11. Forgetful	Stubborn	Moody	Unsure
12. Volunteers	Candid	Sensitive	Easygoing
13. Accidental	Bold	Inflexible	Self-conscious
14. Emotional	Determined	Possessive	Insecure
15. Touchy	Standoffish	Vindictive	Soft spoken

Totals:

S: _____ C: _____ M: _____ P: _____

Combined Totals:

S: _____ C: _____ M: _____ P: _____

KUBOSH

LAWYER

Traffic Tickets
All Warrants Lifted
from \$20

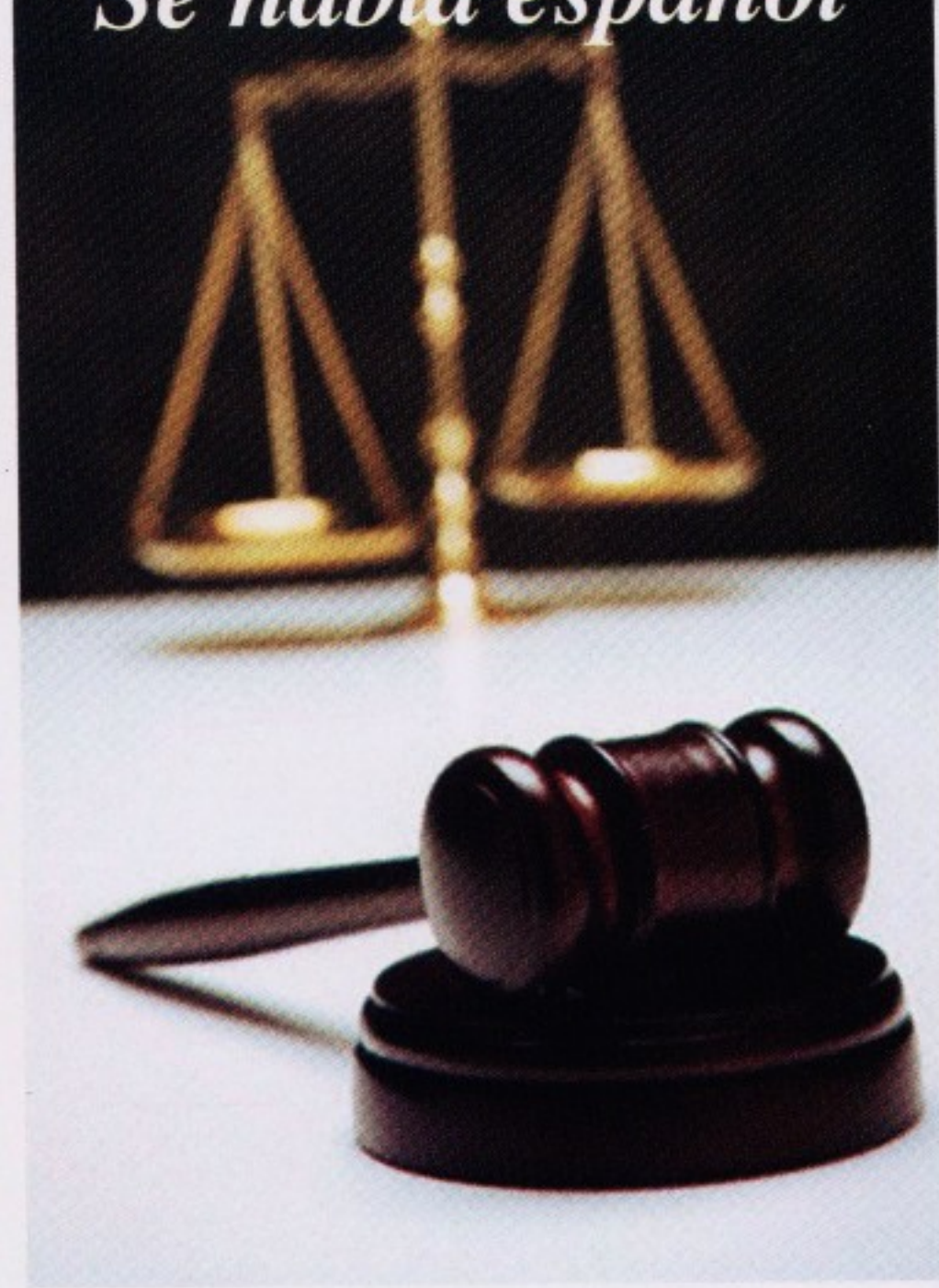
Felonies - Misdemeanor
Cases from \$350

Easy Payment Plans
All credit cards accepted

Accident
Civil Cases
Bankruptcy
Divorces

7019 Lyons Ave.
713-457-0176
Houston, TX 77020

Se habla español



	SANGUINE <i>The talker</i>	CHOLERIC <i>The doer</i>	MELANCHOLY <i>The thinker</i>	PHLEGMATIC <i>The watcher</i>
	Cheerful, optimistic, hopeful, confident	Easily angered, impatient, hotheaded, hot-tempered	Sober, thoughtful, pensive, deep thinker	Not easily excited to action or display of emotion, calm, composed, sluggish temperament
He is...	Expressive	Driver	Analytical	Amiable
What he seeks	Praise	Power	Perfection	Pleasantness
How he sees the world	Extrovert	Extrovert	Introvert	Introvert
Handles problems	Reacts	Practical	Persistent	Permissive
Handles Others	Manipulative	Dominates	Inflexible	Conforms
Others see them	Outgoing	Pushy	Critical	Hesitant
At work	Enthusiastic	Organizer	Planner	Agreeable
Emotionally	Demonstrative	Controlled	Deep	Sympathetic
Makes friends	Easily	Difficultly	Cautiously	Easily
Ideal Professions	Public Relations Salesman Entertainers Preachers Politicians Realtors Mortgage Lenders	Teachers Entrepreneurs Military service Sports figures Realtors Preachers Attorneys	Accountants Attorneys Inventors Scientists Engineers Architects Doctors	Retail bankers School administrators Therapists Librarians Carpenters Craftsmen
Conflict resolution	Charms	Attacks	Negotiates	Psychologists Avoids
Social style	Tells	Controls	Asks	Listens
Falls in love	Easily	Infrequently	Cautiously	Eagerly
Organizational Tendency	"Let's get it done"	"Let's change it"	"Let's look at it another way"	"Let's keep it"
Type of home	Entertaining Great rooms	prestigious	Elegant	Functional
Dog	1 Saint Bernard with poodle cut, trained to tap dance/backflip	200lb Shepherd with license to kill	2 standard poodles with papers	A cocker Spaniel with paper fetching permit
Recreation	Suggest exciting adventures and activities for others to do, talk about your conquests	Skiing Mount Everest,	Correcting the encyclopedia	Whatever everybody else wants to do



by Patrick Wanis

