They're not in danger of bedroom burnout.

These signs can tell you whether the physical connection you now have with your new man has staying power.

- **Hot sign: You tell him your turn-ons.** It can be hard to share your deepest desires, but if you slowly open up about your lusty wants—as you trust your guy more and vice versa—the quality of your connections will only get better.

- **Hot sign: Foreplay lasts all day.** Couples with unflagging libidos keep the heat on 24/7—e-mail fliriting during the day, for instance, or playfully stroking each other while watching TV.

- **Hot sign: You're not ruled by routine.** All couples have to juggle two busy schedules. If only hook up when you're both free and relaxed, your sack sessions will get further apart once your relationship continues. A long-term sex life requires prioritizing sex and being fearless about getting it on at surprising times.

- **Hot sign: You take turns seducing each other.** Of course, he should work hard to win you over, but making him always take the lead in bed will burn him out. Sharing the responsibility for initiating sex is the healthiest—and most lasting—way to go.

**dude brain scan**

"Why does he have loser friends?"

It's annoying when your guy's pals lack ambition, self-discipline, or social graces, but you can't expect all of his buds to be buttoned up. "Men have different friends for different reasons, and some of the ones you don't like may have ties to him from way back," says John Van Epp, PhD, author of How to Avoid Marrying a Jerk. If you nag, he'll stand up for them out of loyalty. One warning: If he defends their bad behavior, he may be more like them than you'd like to think.

"There's some validity to the adage that birds of a feather flock together," says Van Epp. But unless he starts acting like a doofus too, try to deal.
4 SIGNS HE’S RELATIONSHIP READY

Any guy can turn on the charm, but that doesn’t mean he’ll follow through. Learn to tell if he’s open to getting serious.

- He mixes up your time together. On official dates, a guy tends to be on his best behavior... and that’s hard to sustain. If he’s interested in merging you into his life, he’ll include you in a whole range of activities (e.g., he’ll ask you to meet his friends, watch the game, or see a movie) at different times of the day and week.
- He says the word dating. It sounds petty, but commitmentphobes only use terms like hang out and get together. A dude who can say “We’re dating” without breaking out in a cold sweat is showing that he’s ready for the responsibility of a real relationship.
- He hides things from you...at first. All guys have problems, but a man who unloads them on date one might be trying to scare you off or make an advance excuse for being a jerk later on. It’s more of a natural progression to reveal issues as you earn one another’s trust.
- He casually tells you about his ex. Sure, if he seems obsessed with her or still mad, there’s a good chance you’re about to be dragged into their unfinished drama. But mentioning her matter-of-factly shows he has moved on.

So next time you ask, “Are we together?” ask, “Am I your relationship?” and be prepared to hear “We’ll see.”

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39% OF GUYS HAVE DATED A GIRL THEY THOUGHT WAS ONLY A ONE-NIGHT STAND.
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READ BETWEEN HIS LINES

dude brain scan

“Why aren’t they sad after breakups?”

A breakup is extra brutal when your ex seems to shrug it off. The truth is, he’s upset—he just has more practice hiding it. “Women judge their success by their relationships, so if one fails, they think about it all day,” says therapist Jay M. Levin, PhD, relationship coach in Freehold Township, New Jersey. Since men base their identities more on their jobs, they can shelve their relationship thoughts and focus on work. “Women also are more affected by oxytocin, a chemical released by the body during relationships, so after a breakup, women biologically respond more adversely,” adds Levin. Guys do, but only when they’re alone—and yes, going out drinking is his version of crying on the couch with ice cream.

Behind the eight ball, he’s burnin’.

HE SAYS:
“Wow, you’re so quirky and full of surprises!”

HE MEANS:
“I don’t understand you at all.”

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SOURCE: MIAMI LIFE COACH PATRICK WARD


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