

guy spy

BY LAURA GILBERT

WILL YOUR
CHEMISTRY
SIZZLE...OR
FIZZLE?They're not in danger
of bedroom burnout.

These signs can tell you whether the physical connection you now have with your new man has staying power.

● **Hot sign: You tell him your turn-ons.** It can be hard to share your deepest desires, but if you slowly open up about your lusty wants—as you trust your guy more and vice versa—the quality of your connections will only get better.

● **Hot sign: You're not ruled by routine.** All couples have to juggle two busy schedules. If you only hook up when you're both free and relaxed, your sack sessions will get further apart once your relationship continues. A long-term sex life requires prioritizing sex and being fearless about getting it on at surprising times.

● **Hot sign: Foreplay lasts all day.** Couples with unflagging libidos keep the heat on 24/7—e-mail flirting during the day, for instance, or playfully stroking each other while watching TV.

● **Hot sign: You take turns seducing each other.** Of course, he should work hard to win you over, but making him *always* take the lead in bed will burn him out. Sharing the responsibility for initiating sex is the healthiest—and most lasting—way to go.

SOURCES: ALLEN BERGER, PHD, AUTHOR OF *LOVE SECRETS REVEALED*; PSYCHOTHERAPIST MABEL IAM, AUTHOR OF *SEX AND THE PERFECT LOVER*

dude brain scan

“Why does he have loser friends?”



They ate this with their feet on your coffee table? Rude.

It's annoying when your guy's pals lack ambition, self-discipline, or social graces, but you can't expect all of his buds to be buttoned up. “Men have different friends for different reasons, and some of the ones you don't like may have ties to him from way back,” says John Van Epp, PhD, author of *How to Avoid Marrying a Jerk*. If you nag, he'll stand up for them out of loyalty. One warning: If he defends their bad behavior, he may be more like them than you'd like to think. “There's some validity to the adage that birds of a feather flock together,” says Van Epp. But unless he starts acting like a doofus too, try to deal.

70% OF
GUYS HAVE
SNOOPED IN A
GIRLFRIEND'S
STUFF WHEN
SHE WASN'T
AROUND.

SOURCE: COSMO WEB POLL

READ
BETWEEN
HIS LINES

HE SAYS:
“That's a pretty sexy
outfit for work.”

HE MEANS:
“I hope you're not
trying to look hot
for someone else.”

SOURCE: MIAMI LIFE COACH AND RELATIONSHIP
EXPERT PATRICK WANIS

(couple) TAMARA SCHLESINGER. Fashion editor: Erin Dineen. Hair: Giovanni Giuntoli for Redken at the Artists Co-op. Makeup: Kristina Vincze using Stila for the Artists Co-op. (on her) Top: Karanina. (on him) Sweater: Polo by Ralph Lauren. (male model) ERIC MCNATT. (still) DAVIES + STARR.

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Does he want to play house or play you?

4 SIGNS HE'S RELATIONSHIP READY

Any guy can turn on the charm, but that doesn't mean he'll follow through. Learn to tell if he's open to getting serious.

- **He mixes up your time together.** On official dates, a guy tends to be on his best behavior... and that's hard to sustain. If he's interested in merging you into his life, he'll include you in a whole range of activities (e.g., he'll ask you to meet his friends, watch the game, or see a movie) at different times of the day and week.
- **He says the word *dating*.** It sounds petty, but commitmentphobes only use terms like *hang out* and *get together*. A dude who can say "We're dating" without breaking out in a cold sweat is showing that he's ready for the responsibility of a real relationship.

- **He hides things from you...at first.** All guys have problems, but a man who unloads them on date one might be trying to scare you off or make an advance excuse for being a jerk later on. It's more of a natural progression to reveal issues as you earn one another's trust.
- **He casually tells you about his ex.** Sure, if he seems obsessed with her or still mad, there's a good chance you're about to be dragged into their unfinished drama. But mentioning her matter-of-factly shows he has moved on.

SOURCES: PSYCHOLOGIST ANNIE DENNISON, PHD, FOUNDER OF SMARTATLOVE.COM; JACKIE BLACK, PHD, RELATIONSHIP COACH IN SOUTHERN CALIFORNIA

39% OF GUYS HAVE DATED A GIRL THEY THOUGHT WAS ONLY A ONE-NIGHT STAND.

—COSMO WEB POLL

dude brain scan

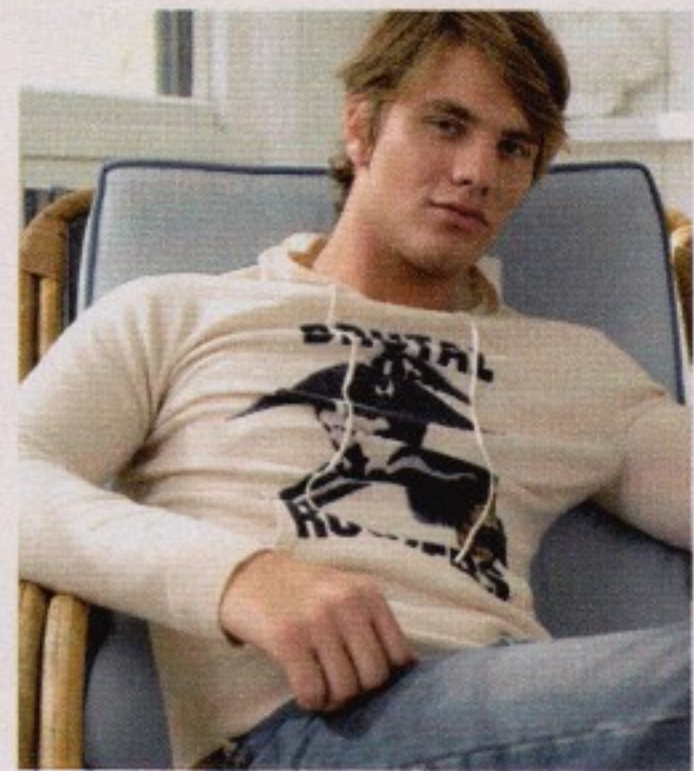
"Why aren't they sad after breakups?"



Behind the eight ball, he's bummin'.

A breakup is extra brutal when your ex seems to shrug it off. The truth is, he's upset—he just has more practice hiding it. "Women judge their success by their relationships, so if one fails, they think about it all day," says therapist Jay M. Levin, PhD, relationship coach in Freehold Township, New Jersey. Since men base their identities more on their jobs, they can shelve their relationship thoughts and focus on work. "Women also are more affected by oxytocin, a chemical released by the body during relationships, so after a breakup, women biologically respond more adversely," adds Levin. Guys do sulk, but only when they're alone—and yes, going out drinking is his version of crying on the couch with ice cream.

READ BETWEEN HIS LINES



HE SAYS:
"Wow, you're so quirky and full of surprises!"

HE MEANS:
"I don't understand you at all."

SOURCE: MIAMI LIFE COACH PATRICK WANIS

(couple) TAMARA SCHLESINGER. (male model) ASHA FULLER. Fashion editor: Erin Dineen. Hair: Mark Anthony. Makeup: Kristina Vincze for Stila at the Artists Co-op. Hoodie and jeans: Juicy Couture Men's. (still) JESUS AYALA/STUDIO D. Prop stylist: Nancy Sotomayor.