

# The Secret to get what you want

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**M**aybe you have already tried almost everything and still can't get what you want? Maybe you have heard about *The Secret* and the Law of Attraction but do you also know about the three key missing elements? Yes, there are other key Laws that must be applied to attain success and happiness...I contacted my colleague Jack Canfield (from *The Secret*) a few months ago identifying those 3 missing pieces and recently he responded by issuing a newsletter identifying one of those missing pieces. Want to know what it is? Read on!



## Will you be stopped - or will nothing stop you?

What do you want from life? Self-esteem, supreme confidence, more money, wealth, health, love, joy, better and more rewarding relationships, a better job, financial freedom, inner peace, the ability to overcome crippling habits, personal power. Have you ever wondered what is the difference between the haves and the have-nots, the

successful people and the failures? Is it chance, luck, timing, favorable circumstances, contacts and connections, will power, advantages of birth, fate, destiny or some secret gift or power?

What would you say if I were to tell you that you have the power to create your destiny and obtain anything you want, and that you have been already using this power to create your present circumstances and everything you have in your life?

Maybe you have already heard it said that you are responsible for everything that happens in your life but has anyone ever taught you how to create what you want?

What I share with you in my book "*Get What You Want!*" is the greatest and most powerful secret in existence. This secret and its associated techniques are the ones used by the most successful people in history.

The techniques, revelations and information in my book "*Get What You Want!*" are based on decades and decades of research into the mind, human behavior and the habits and strategies of the most successful people. It also draws upon the skills and principles behind hypnosis and Neuro-Linguistic Programming (used to change beliefs, behavior and results.) In this book I teach you the technique to master your mind and attract into your life everything you want. It doesn't matter what your present situation is or how many times you might have failed in the past, with a simple technique that takes a matter of minutes of daily practice, you will transform your life and get what you want.

I know you are extremely eager to learn what that technique is - the Secret to get what you want and yes, I reveal all in my book, "*Get What You Want!*"

Let's first talk for a moment about the bestseller book and DVD, *The Secret* and what they left out - three missing elements for you to truly get what you want.

*The Secret* is based around *The Law of Attraction* - you get more of what you focus on. *The Secret* teaches you to ask, visualize and receive: Decide what you want, visualize it and you'll get it.

But is that all there is to getting what you want? Why has *The Secret* worked for some people but not all? And do you know that there is another Law, a forgotten Law that can create misery and self-sabotage but can lead to happiness and wealth?

*The Secret* leaves out three key elements. First, you can sit down and visualize or fantasize everything you want all day long but if you take no action, then nothing will happen.

So the first missing key is: **TAKE ACTION!**

That's right. If you were to sit on your bed all day long and dream and visualize what it will be like if you lost 15 pounds, but you did nothing about it, would you expect to wake up one morning and suddenly be 15 pounds lighter? Of course, not! So, in order to get what you want, you must be clear about what you want, you must visualize it and then take action! In this example, you would also need to exercise, adjust your food intake and even work on any emotional blocks to ideal weight.



The second missing element is the forgotten Law I to which I referred earlier and the third missing element is a key spiritual component. And the forgotten Law, if not applied, will sabotage your success before you even achieve it.

So the second missing component in The Secret is: **THE LAW OF DESERVEDNESS.**

The Law of Deservedness is a term I coined. The Law of Deservedness states: *We get only what we subconsciously believe we deserve and no more. When we get more than what we believe we deserve, we will sabotage it or push it away. And we do this in every area of our life - including finances and relationships.*

In the Showtime documentary, *Reversal of Fortune*, a homeless man was suddenly given \$100,000 but he quickly squandered the money. It was as if he was trying to lose or get rid of the money. He had subconscious blocks about what he believed he deserved in life.

Do you have a friend or know of someone who when she finds herself in a relationship and is treated well, she sabotages it or tries to push the man away?

## Why?

She doesn't believe she deserves to be treated well. For example, I recall one time when a woman said to me, "Why would someone with your intelligence, wit and good looks be attracted to someone like me?" She couldn't see her own beauty. She was suffering from low self-esteem, low self-worth, and a poor self-image.

So, what do you believe you deserve? What do you subconsciously believe you deserve? I will expand on this point in next week's article.

Now let's talk about the third key component to get what you want.

It is a paradox that "to get what you want you must also give."

So the third missing key is: **GIVE AND RECEIVE - GIVE BACK!**

Too many people think only in terms of taking but not contributing. There is a joke that says that Hollywood people often will greet you with, "Hello, what

can you do for me?"

This is the Parasitic Relationship. The other type of relationship is Symbiotic.

Parasitic refers to feeding off another organism but not contributing anything in return while symbiosis refers to a mutually beneficial association of two different organisms. If we were all parasites the balance of nature would crumble. The same principle applies in every area of life. And when we only take, take, take, we are reflecting a deep subconscious belief that there is not enough, and focusing on the belief that there is not enough.

Ironically, when we give, contribute and help other people we also gain a deep sense of fulfillment and satisfaction. In fact, every time we commit an act of kindness, our serotonin levels naturally rise. Serotonin is a chemical our brain releases that makes us feel good. Depressed people have low serotonin levels.

Let me give you an example of how this principle results in getting what you want with an excerpt from my audio book, "Get What You Want":

"There is one final secret key ingredient to getting what you want, everything that you want. And this missing piece is the guarantee that you will also be able to fully enjoy the harvest of your life, feeling deeply satisfied.

Recently, I was at Planet Hollywood in Orlando. There was a letter hanging on the wall that inspired me. In January 1969, Bruce Lee wrote to himself:

*My definitive chief aim: I, Bruce Lee, will be the first highest paid oriental superstar in The United States. In return I will give the most exciting performance and render the best of quality in the capacity of an actor.*

*Starting in 1970, I will achieve world fame and from then onward, till the end of 1980, I will have in my possession 10 million dollars.*

*I will live the way I please and achieve inner harmony and happiness.*

Notice that Bruce Lee wrote that he would give something in return for his success, fame and fortune!

Here then is the final key: Add value to other people's lives, make a difference and focus on contributing to others.

Think about what you, your talent, product or service has to offer. How will it help others? Everything is energy and when you focus on raising your energy and sharing your gifts and talents with the intention of helping others, then everything that your heart desires will be given to you."

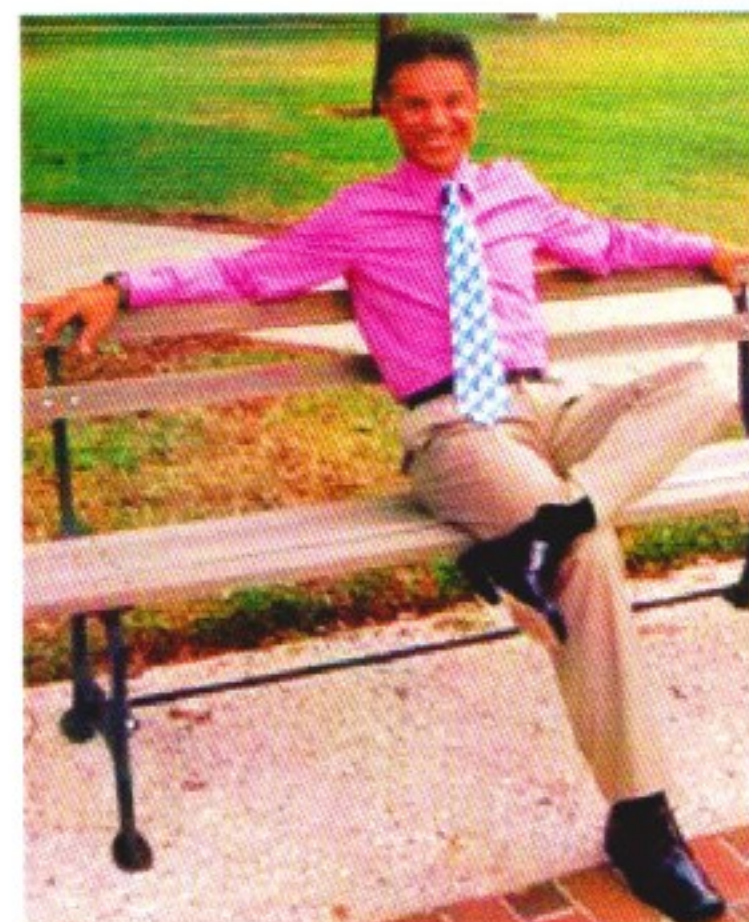
If you are already a giving person but seem to have challenges getting what you want in life, then in my next article, I will address that point and block and tell you how to change that.

The sad thing is that most people don't achieve their full potential. It's an absolute shame that they don't know what keeps them from achieving the wealth and happiness they desire. There are unlimited ways to fail - people find them every day! But there is one proven way to ensure your success...

*In my audio book on CD or Ebook, "Get What You Want" (published and released prior to The Secret), I clearly reveal the principles of success and the three missing elements. I explain these points in detail and offer specific exercises about how to apply all of these laws and principles. I also reveal the one secret to get what you want. Yes, I reveal the three key elements missing from The Secret and the one law that is more powerful than The Law of Attraction.*

You can listen to a free teleseminar presented by me on "The Secret to Get What You Want!" at [www.patrickwanis.com/date](http://www.patrickwanis.com/date)

*I have also created a hypnosis CD, "Be Happy, Rich & Wealthy" to help you overcome procrastination, get motivated to take action, remove the subconscious blocks so that you will believe you deserve the best of everything, to embrace money and wealth, and to use money the way you want - to help yourself and others!*



Originally from Australia, Patrick Wanis, PhD, is a Celebrity Life-Coach, Author and an Expert in Human Behavior. He is a Neuro-Linguistic Programming Practitioner and Clinical Hypnotherapist with a PhD in Health Psychology. Wanis is a regular contributor to FOX News, MSNBC and the Montel Williams show. Wanis is the first person ever to do Hypnotherapy on National TV. Wanis coaches and works with various celebrities. WGN Chicago and Syndicated TV show, "The Daily Buzz" anointed him "The Woman Expert" and FOX News pronounced him "A voice for women." Over four and a half million people have read Wanis' books in English and Spanish. [www.patrickwanis.com](http://www.patrickwanis.com)